

TURTLES SWIMMING CLUB NEWSLETTER



The Turtles Swimming Club is for anyone with a physical, mental health or learning difficulty. Based at Highgrove Pool in Ruislip, the club meets every Saturday between 5pm and 6pm.

Registered Charity Number 1055585

Dates for your Diaries

Now that the Christmas and New Year festivities are over, it is time to look forward to the 2016 Turtles Schedule. Some of the dates are only provisional and subject to venue availability, but please make a note in your new diaries. More details can be found in this and future newsletters. Make sure you put your names down for the events that interest you.

Date	Event
Sat. 30th January	Long Distance Swim (c)
Tues. 15th March	Evening Meal Outing (c)
Sat. 9th April	Hatfield Platypus Gala (c)
Sat.16th April	Hitchin Lions Gala (c)
Sat. 23rd April	Turtles Diving Championship (c)
Sat. 30th April	Turtles Swimming Championships (p)
Sat. 21st May	AGM & Awards Ceremony (p)
Sun. 11th September	Coach Outing (c)
Sat.17th September	Turtles Invitation Gala (p)
	c= Confirmed Date p = Provisional Date

British Long Distance Swimming Association



We will be organising our 2016 event for the evening of **Saturday 30th January** at Highgrove Pool between 6pm and 7pm. So if you would like to take part, please register with Alison. All members may participate (even family members who do not have a disability). It is fun to see just how far you can swim in one hour (or less than an hour should you wish). We will also need volunteers to help with the counting and recording. **The swimming session at 5pm goes ahead as usual.**

Changing Rooms

The repairs to the changing rooms have taken longer than originally estimated. We understand that the repairs will hopefully be completed by the **23rd January**. Water had been pouring through the ceiling in reception for a considerable time and the concrete floor in the shower areas had to be completely removed to correct the problem.

Committee Meeting

The next Committee Meeting is scheduled for **Tuesday 16th February @ 7.30 pm.**

September Outing

We have decided that the next coach outing will take place on **Sunday 11th September**. If you have any ideas regarding where you would like to visit this year, please send an email or let Peter Horne know of your suggestion.

March Evening Meal

Tuesday 15th March is the date for our Evening Meal. We will be hiring a mini-bus for this event.

Details of venue / menus etc will be available shortly.

2016 AGM and Awards Ceremony

The provisional date for our annual event is **Saturday 21st May**. We hope to secure the same venue that we have used for the last two years. More details available once confirmed.

Turtles Invitation Gala

The provisional date for this year's 'home' gala is **Saturday 17th September**. Although we had problems last year at Hillingdon Sport and Leisure Centre, we have decided to approach Fusion again as we wish to utilise the 8 lane pool. More details available once the venue is confirmed.

A very Busy April.....

Hatfield Platypus Gala

The Hatfield Platypus Gala takes place on **Saturday 9th April**.

If you would like to participate in this event, please let Dave Lee know.

We will be taking a mini-bus to this event.

Hitchin Lions Gala

The Hitchin Lions Gala takes place on **Saturday 16th April**.

If you would like to participate in this event, please let Dave Lee know.

We will also be taking a mini-bus to this event.

Turtles Diving Championship

The 2016 Turtles Diving Championships take place on **Saturday 23rd April** at Highgrove Pool at 5.45pm.

Oliver Regan won the 2015 Diving Championships.

Please let Nigel Grey know if you wish to participate.

Turtles Swimming Championships

The 2016 Turtles Swimming Championships take place on **Saturday 30th April** at Highgrove Pool between 6pm and 7pm. We will be applying for an hour pool extension so that the regular swim session goes ahead as usual at 5pm.

So please keep the date free in your diary.

Hanworth & Feltham Gala

The above gala was originally scheduled for Sunday 14th February but has unfortunately been postponed until April.

We have decided that given the above busy April schedule that we will have to decline the Lion's invitation for 2016.

This gala has been under financial threat for some time so it is particularly sad that we are unable to support this year's event but we would be facing 3 galas in 8 days if we were to participate!

April Diary	Event
Saturday 9th April	Hatfield Platypus Gala
Saturday 16th April	Hitchin Lions Gala
Saturday 23rd April	Turtles Diving Championship
Saturday 30th April (tbc)	Turtles Swimming Championships



Hatfield Platypus



Turtles



Gala Team



[Hanworth Air Park Leisure Centre & Library](#)

Thank you Ruislip Combined Charity

Pool Evacuation

Ruislip Combined Charity has very kindly donated £200 to the Turtles Swimming Club.

We are very grateful for this generous gesture.

A pool evacuation drill was carried out during our swim session on Saturday 12th December. Thank you to all those present for your co-operation.

Gift Aid

The Turtles Swimming Club intends to enhance its income by collecting Gift Aid on the subscriptions and donations that you make to the club.

Donating through Gift Aid means charities can claim an extra 25p for every £1.00 you give. (It won't cost you any more). Most donations qualify for Gift Aid but you must be a tax payer in order for us to claim Gift Aid. We will be submitting our claim very shortly but if you are yet to return your form, or need another form, please speak to Alison Grey.



Swim Teaching / Training

The Swim Teaching qualifications and courses have now been changed. ASA Level One is now called 'Swim Teaching Assistant' whereas ASA Level 2 is now called 'Swim Teacher'.

A Swim Assistant course is scheduled for 4th to 7th April.

2 Swim Teaching courses are scheduled - 13th to 17th February and 2nd to 8th April.

Course Venue: [St Helens School Sports Centre, Northwood, HA6 1AF](#)

Grants are usually available to assist with the cost.

If you are interested in attending one of the above courses, please speak to Linda Clarke or Dave Lee.

Thank you to the organisations and individuals who support the Turtles

The logo for Waitrose, featuring the word 'Waitrose' in a green, stylized font.



The logo for St Lawrence Players, featuring the text 'St Lawrence Players' in a blue and purple font.



The logo for Ruislip Combined Charity, featuring the text 'Ruislip Combined Charity' in blue.

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