

# Turtles Swimming Club Newsletter

June 2018 Issue 103



**ESTABLISHED 1964** 

The Turtles Swimming
Club is for anyone with
a physical, mental
health or learning
difficulty.

Based at Highgrove Pool in Ruislip, the club meets every Saturday between 5pm and 6pm

#### **Chair:**

**Alison Grey** 

#### **Chief Instructor:**

Linda Clarke

## **Secretary:**

**Andy Wallis** 

#### **Turtles email:**

turtlesswimming@ yahoo.co.uk

### **Turtles Website:**

http://www. ruislipturtles.org.uk

# 2018 AGM Agenda

Saturday 9th June 2018 19.30pm

# 2nd Ickenham Scout Hall, Community Close Ickenham

- 1. Apologies for Absence
- 2. To Approve the 2017 AGM Minutes
- 3. Any Matters Arising
- 4. Chairman's Report
- 5. To Receive & Approve the Annual Accounts and Treasurer's
  Report
- 6. Secretary's Report
- 7. Election of Officers & Committee:

Chairman, Vice Chair, Treasurer, Chief Instructor

Secretary / Child Protection Off. Assistant Secretary

Competition Secretary, and 6 Committee Members

- 8 Appointment of Auditors
- 9 Changes to the Constitution
- 10 Any Other Business;

Turtles Swimming Club is a registered Charity Number 1055545

## REVISIONS TO THE TURTLES CONSTITUTION

The Committee has been reviewing and amending all of the Club Policies over the last year. The revised Child & Vulnerable Adult Protection Policy Statement follows on the next page.

The Turtles Constitution has also been reviewed and some amendments proposed. The Constitution is a pretty lengthy document, too long to include in the newsletter, but the amendments can all be viewed on the Turtles website at:

http://www.ruislipturtles.org.uk/Rules\_Regs.htm.

Copies of the current Constitution and the proposed amendments may be obtained at the registration desk at any one of our Saturday swim sessions. Electronic copies can also be requested from the usual Turtles Email account.

Before any changes can be made to the Constitution, the proposed changes must be presented to the Turtles Annual General Meeting (AGM) and approved by way of a vote by those members present.

If you are in any way concerned, please talk to one of the Committee Members. Of course all proposed amendments will be explained at the AGM where there will of course be an opportunity for questions.

# Please Come Along to the AGM & Turtle Awards.

We would also welcome new Committee Members, so If you are interested in joining the Committee please let Alison Grey know. Copies of Constitution available at Reception

THANK YOU TO THE ORGANISATIONS AND INDIVIDUALS WHO SUPPORT THE TURTLES



Waitrose



Ruislip Combined Charity

**Friends of Ken** 

Thank You to Asda for their £200 Donation



#### ARRANGEMENTS FOR THE NINTH OF JUNE

Saturday 9th June 2018 19.30pm

2nd Ickenham Scout Hall, Community Close (off Long Lane, Ickenham).

Fish and Chip Supper at 18.45

AGM Commences at 19.30 but if you do not wish to participate in the supper, please feel free to come along at 19.30 for the AGM meeting. Remember to pre-order and pay for your Fish & Chip Supper.

Huttons Fish Restaurant will be delivering for 18.45

The cost will be £6.50 per person

Please book with our Saturday Registration Desk

# **TURTLES DIARY**

Turtles Committee Meeting Tuesday 5th June

Turtles AGM & Awards Saturday 9th June

Harrow Kingfisher Gala Saturday 16th June

Potters Bar Barracuda Gala Saturday 23rd June

Hatfield Platypus Gala Saturday 14th July

Turtles Invitation Gala (no Highgrove Pool Swim Session)

Saturday 15th September



TWO MORE DISTANCE BADGES

Amber & Ashley, both proudly displaying their 10 Metres Distance Badges.

Congratulations to them both!



# **TURTLES 2018 CHAMPIONSHIPS & ANNUAL AWARDS**

The Annual Club Championships took place on Saturday the 12th May including a new event, 'The Novice Championship'.

The evening was very successful with some fine performances that even the sounding of the alarms (false alarm) could not deter!

Special mention goes to Ethan

who will have his name engraved on the new Novice Trophy.

Congratulations to all the winners and competitors, the full results are available on the Turtles website with summary results also displayed overleaf.

The 2018 Awards are listed below. Congratulations to all!

Junior 3 Lengths Champion

Ladies 3 Lengths Champion

Mens 3 Lengths Champion

Junior 1 Length Champion

**Ladies 1 Length Champion** 

Mens 1 Length Champion

**Novice Champion** 

**Diving Champion** 

Relay Champions

**Helpers Champion** 

**Family Relay Champions** 

Junior Improver

Senior Improver

Volunteer of the Year

Don Lamb Award for 'Service to the Turtles'

Dominic O'Neill-Cuadros

Sophie Grey

**Charlie Laws** 

Estelle Bodden-Bryan

Tillie Hewlett

**Charlie Laws** 

**Ethan Doherty** 

Oliver Regan

Ladies (Sophie, Jeannette & Tillie)

Jordan Mason

The Grey Family

Varun Kodial

Joshua Arends

Linda Clarke

Christina & Samuel Randall

All the trophies and medals will be presented following the AGM on the 9th June.

Congratulations to all the winners. Their names will all be added to the Turtles Hall of Fame on the Turtles Website.

# **TURTLES 2018 CHAMPIONSHIP RESULTS**

2018 Turtles Championships						
	Ist	2nd	3rd			
Junior 3 Lengths Championship	Dominic	Oliver	Matthew			
Ladies 3 Lengths Championships	Sophie	Jeannette	Shaida			
Mens 3 Lengths Championships	Charlie	Antony	Gary			
Junior 1 Length Championships	Estelle	Dominic	Oliver			
Ladies 1 Length Championship	Tillie	Sophie	Shaida			
Mens 1 Length Championship	Charlie	Gary	Anthony			
Novice Championship	Ethan	Mary	Ayan			
Diving Championship	Oliver	Sophie	Jamie			
Relay Championships	Ladies (Sophie, Jeannette & Tillie)	Mens (Anthony, Antony & Charlie)	Mens (Gary, Josh & Jamie)			
Helpers Championships	Jordan	Jack	Jessica			
Family Relay Championships	The Grey Family	Lee Family	Woodbridge Family			

# In total, 33 medals were awarded and the outcome is that Dominic now heads up the medal table by the finest of margins. Keep it up Dominic!

2018 Medal Table	2018	Gold	Silver	Bronze	Gala
	Total				Events
Dominic O'N. C.	8	2	3	3	4
Shaida G.	8	2	1	5	4
Charlie L.	7	4	2	1	3
Jeannette P.	7	2	3	2	4
Matthew O'N. C	6	3	1	2	4
Antony L.	6	2	3	1	3
Estelle B-B	5	4	0	1	3
Gary L.	5	1	1	3	4
Anthony O.	5	0	3	2	3
Don L	5	0	1	4	3
Sophie G.	4	2	2	0	4
Tillie H.	3	3	0	0	4
Oliver R.	3	1	1	1	1
Josh A.	3	0	1	2	3
Jamie W.	3	0	0	3	3
Ethan	1	1	0	0	1
Mary	1	0	1	0	1
Ayan	1	0	0	1	1
Karen H.	0	0	0	0	1
Totals	81	27	23	31	4

# SO, JUST HOW COMPETITIVE IS THE TURTLES GALA TEAM?

# Impressive!



Next up!

**Harrow Kingfishers** 







**Hatfield Platypus** 

The Newsletter frequently reports on the successes of our Gala Squad, but how is it faring against other Gala Teams?

Over the last 5 years, we have competed in 34 team Galas.

Listed below is a table of the 10 teams that we meet most regularly, showing the number of Senior Trophies won.

Hatfield Platypus	18
Ruislip Turtles	9
<b>Letchworth Piscses</b>	3
Harrow Kingfishers	2
Stevenage Dolphins	1
<b>Wandsworth Dolphins</b>	1
<b>Enfield Variants</b>	0
Ealing SC	0
Potters Bar Barracuda	0
Hogarth Gateway	0
Total	34

So 27 of the 34 Galas have been won by just 2 teams, with Hatfield Platypus winning over half of the Galas.

Turtles have won a very creditable 9 major trophies in the period.

Pisces do not participate in 'away' galas but have won their 'home' Hitchin Gala 3 times in the last 5 years.

Well done to Hatfield Platypus, and well done to all of the Turtles Gala Swimmers.

# **NEXT GALAS**

Two more galas are scheduled for the month of June. The Harrow Kingfisher Gala takes place on Saturday 16th June, report 5pm for a warm up swim.

The Potters Bar Barracuda gala takes place the following week on Saturday 23rd June. The Turtles won this gala last year.

If you wish to take part in either or both galas, please let Dave Lee know.

The rearranged Hatfield Platypus gala is set for Saturday 14th July. There are no galas in August.